

MFS Creative Writing Competition 2017-18

F.1 2<sup>nd</sup> Prize

Abdul Malik Syed Ahamed, 1C-1

Should teens join volunteer work regularly?

Personally, I think doing volunteer works are boring. But when you think deeply about it, it seems to be a great idea.

While preparing ourselves for the future, secondary school is where you learn to be a good citizen. Interacting with your community through volunteerism is a good way to learn to be a good citizen.

When you say volunteer works to teens, they think that they are asked to help people only or to do community works. But actually doing volunteer works is a great way to improve your physical health. Volunteering can also boost self-confidence and happiness. It is found that people who have volunteered before have lower mortality rates than those who don't volunteer!

There are so many things to do other than just watching your mobile phones. Teens usually use their phones for chatting with their friends or to make new friends. In fact, teens can expand their social network through volunteering. Volunteering connects you with other volunteering members which will give you tons of new friends.

I hope every one of us can do volunteer works for our community and to make our world a better place to live in.